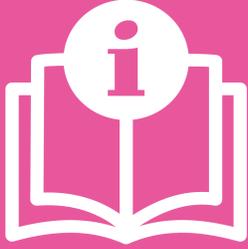


TOOLKIT GUIDE



The toolkit is designed to help you generate solutions for an informal care system based on Internet of Things technologies.

It consist of four parts:

- 1 **CARD SET**
- 1 **IDEATION CANVAS**
- 2 **JOURNEY MAPs**
- Several **BUTTONs**

1

Informal care can be generally defined as the long-term unpaid care provided to the elderly and those with chronic health conditions in a non-professional capacity.

Internet of Things equips everyday objects with sensing, networking, and processing capabilities to enable them to interact with each other and services on the Internet.

There are four categories of cards in the **CARD SET**.

- **USER**
CAREGIVER
CARE RECIPIENT
- **SCENARIO**
- **CONTEXT**
- **TECHNICAL OPPORTUNITY**

The informal care recipients are those who receive long-term care from non-professional caregivers.



Technical opportunities can help you discover the possible solutions using IoT and related technologies.



- An **IDEATION CANVAS** is provided for you to use the cards, but you can use them in your own way.
- **JOURNEY MAPS** can help you build up the connections to the physical world. It can be used separately with Technical Opportunity cards and Buttons.
- **BUTTONS** are used to represent humans in the *Journey Maps*.

- Play with the cards! Shuffle and draw cards when needed
- Re-draw a card if you do not like it
- Feel free to modify the provided cards and add your own cards using the blank cards

The informal caregivers are usually people who have a social relationship with the care recipients.



Scenarios can be used to describe both what currently happens within a system or environment or more typically the intended behavior within a system or environment.



Context is used to refer to the circumstances, background, or environment in which a person, thing, or idea exists or occurs.

